

NEW JERSEY CONTACT LENSES

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BREATHABLE CONTACTS

Your eyes need oxygen, without it all kinds of problems can happen. Our goal is to prevent any problems from happening. End-of-day discomfort, irritation, redness may all be symptoms of a lack of oxygen. O₂OPTIX™ allows 5 times more oxygen to your cornea than other traditional weekly contacts.

O₂OPTIX™ from Ciba is one of a new generation of lenses made of silicone and water. Ciba is the worldwide leader in

this new silicone hydrogel technology. With its high oxygen transmissibility, O₂OPTIX™ may help provide a healthy comfortable way to wear your lenses for a full day, no matter how long that may be.

These lenses are so oxygen permeable that they may help reduce redness to result in whiter, healthier looking eyes. O₂OPTIX™ are approved for daily wear and up to 6 nights extended wear. Of course

these are lenses that are good for extended wear, but not everyone can or should wear contact lenses overnight.

Please call us for an evaluation for these wonderful lenses. O₂OPTIX™ wearers, in a recent study, gave these lenses overwhelmingly positive ratings. We think very highly about them too and are pleased with the results these new silicone hydrogel lenses have produced.

Glaucoma: "The Silent thief of sight" Diagnosis & Management

Glaucoma is the leading cause of preventable blindness in the US. Approximately 67 million people worldwide, 3 million Americans, suffer from glaucoma. Only half know it. About 2% of those 40-50 and 8% over 70 have elevated IOP.

What is Glaucoma?

Glaucoma is a group of diseases that can steal sight without

warning or symptoms. Glaucoma leads to blindness by damaging the optic nerve.

Elevated pressure (IOP) in the eye is a risk factor, but even people with normal pressure can lose vision to glaucoma. Other high-risk groups include: people over 60, family members of those already diagnosed, diabetics, people who are severely nearsighted and those with narrow angles. African

-Americans ages 45-65 are 14 to 17 times more likely to go blind from glaucoma.

For more information visit <http://www.glaucoma.org/learn/>

Early detection gives us a head start on treating and managing this disease, decreasing the chance of sight loss.

Our glaucoma testing is covered by insurance.

*And Eyeglasses too!

More than Just our name

We now offer eyeglasses to our patients. This makes it even more convenient for you, your family and friends to take care of their eyecare needs. For several years we have offered complete eye health exams. Now we have decided to make it easier for

those people not wearing contact lenses to get their glasses and, for our contact lens wearers to get reading, back-up or computer glasses.

We also carry both prescription and non-prescription sunglasses to help reduce exposure to UV light and make those light sensitive

patients more comfortable. Sunglasses are important for everyone to wear not just those sensitive to light!

Be sure to check out our large and varied inventory of frames at your next visit.

We carry glasses in all ranges of style and cost.

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Check Yearly.
See Clearly.™

We are proud to carry
glasses frames by:

REVLON



Good Eye health with contact lenses begins with proper hygiene

News Alert:

In the last several months there has been a scare about an infection of the cornea that can cause people to lose an eye. About 150 people in the US came down with a fungal infection during a 12 month period, much more than would be expected.

Most of the people were using a new Bausch & Lomb product. B&L immediately removed this product and it is no longer available. All the studies that followed, produced by B&L and the Centers for Disease Control (CDC), found a link between the use of this product and improper care of contact lenses.

This problem is a classic example of **“prevention is the best medicine”**.



The good stuff
New Jersey Contact Lenses

After removing your lenses gently rub your contacts with a rinse before you put your lenses in fresh solution. This recommendation is still the standard of care at New Jersey Contact Lenses.

Fresh solution this is key to safe contact lens wear. Do

not save last night’s solution: rinse the storage case and let it air dry. Then use fresh solution every night. This is not just a scam by the solutions’ makers to get you to use more solution! You change your lenses regularly and you should change your cases regularly too.

We have lots of lens cases in our office and they are yours for the asking, no need to spend \$5 getting a new one at the store. If you are not around or not coming in just throw the case in the dishwasher every once in a while.

Another word to the wise: do not over wear your contacts. Wearing lenses longer than recommended time puts you at greater risk for problems.



New Law; Protective Glasses for Sports

New Jersey Legislature finally caught up with common sense!

The new law states:

“Any child who wears corrective eyeglasses while participating in racquetball, squash, tennis, lacrosse, basketball, field hockey, badminton, paddleball, soccer, volleyball, baseball or softball, sponsored by a school, community or

government agency, shall be required to wear protective eyewear...”

We are able to provide you and your child with this type of eyewear: RecSpecs. These sports specs pack style with utility and are very popular with young athletes. The lenses are Polycarbonate “shatterproof”, can be made

in Rx and /or can get darker for bright days.

When you are next in check them out!

P.S. Remember the story about the shoemaker’s children? Well, last summer Dr. McGlone’s son was told by the Rugby ref that all players (including young Patrick) are supposed to have safety glasses. OOPS!

NEW JERSEY
CONTACT LENSES

Currently accepts
the following
insurances



Soon to be accepted:

